



focus

20
200

20
100

20
70

20
50

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40

20
30

20
25

20
20

20
15

20
13

20
10

200 FT
61 M

100 FT
30.5 M

70 FT
21.3 M

50 FT
15.2 M

40 FT
12.2 M

30 FT
9.1 M

25 FT
7.62 M

20 FT
6.10 M

15 FT
4.57 M

13 FT
3.96 M

10 FT
3.04 M

BOTTOM LINE

Focus on what God has said

READ

Psalm 119:33-37

TALK ABOUT

Even Jesus faced temptation, but Jesus kept His **focus** on God's word's. Because Jesus was able to keep His **focus**, He lived a life free from sin. **What can you do to keep your focus on God?**

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BOTTOM LINE

READ

Focus on giving something up

Psalms 121:1-2

TALK ABOUT

God is the most important thing in our lives, but it can be difficult to remember that. Sometimes it's helpful to give something up for a while to remember how much more important God is than that thing. **What could you give up for God?**

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BOTTOM LINE

Focus on talking to God

READ

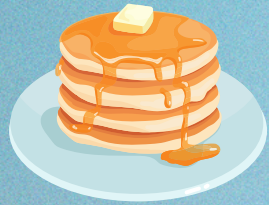
Psalm 18: 6 & 28

TALK ABOUT

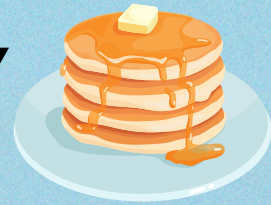
God is the most important thing in our lives, but it can be difficult to remember that. Sometimes it's helpful to give something up for a while to remember how much more important God is than that thing. **What could you give up for God?**

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WEEK 1



PANCAKE PARTY



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WEEK 2

Focus on what
God has said

WEEK 4

Focus on giving
something up

WEEK 3

Focus on talking
to God

focus